

Stennis Strike Group makes stop in Hawaii

MCSN
Daniel Schumacher

USS John C. Stennis
(CVN 74)

The John C. Stennis Carrier Strike Group (JCSG) (CVN 74) made its first stop in the U.S. at Joint Base Pearl Harbor-Hickam on April 21 following an eight-month deployment to the U.S. 5th Fleet and U.S. 7th Fleet areas of responsibility (AOR). Stennis left Pearl Harbor on April 24.

While deployed, JCSG flew more than 11,500 sorties totaling 27,000 flight hours. The Sailors on Stennis conducted community relations and service projects during port visits to Thailand, Malaysia, the Kingdom of Bahrain, the United Arab Emirates and the Republic of Singapore.

“We are excited to be back in the U.S. after a very successful deployment,” said Rear Adm. Mike Shoemaker



Commander of Carrier Strike Group Three.

“The strike group Sailors here did a fantastic job in every mission area. Through

their efforts, we were able to provide extensive support to the coalition effort in Operation Enduring Freedom and to enhance our

maritime relationships with regional partners throughout the [U.S.] 5th and [U.S.] 7th fleet operating areas,” Shoemaker said.

Hawaii also marks the homecoming for many Stennis Strike Group Sailors, as they were able to visit with friends and family.

“This visit will be a nice reunion for my family, and to pick up where we all last left off and meet the new additions to our family,” said Cmdr. Chad Lee, from Kailua. “This visit is special for all of us because we will all be visiting my 95-year-old great-grandmother.”

The JCSG, consists of Stennis, Carrier Air Wing (CVW) 9, Destroyer Squadron (DESRON) 21 and guided-missile cruiser USS Mobile Bay (CG 53).

For more information on the JCSG, visit www.stennis.navy.mil or www.facebook.com/stennis74.

U.S. Navy photos by MC3 Diana Quinlan

(Top) Sailors man the rails aboard the aircraft carrier USS John C. Stennis (CVN 74) as the ship enters Joint Base Pearl Harbor-Hickam. (Bottom) The aircraft carrier USS John C. Stennis (CVN 74) passes by the battleship USS Missouri Memorial.

15th Medical Group takes number one spot in PACAF

Capt Scott D. Cook

15th Medical Group

The family health clinic at the 15th Medical Group (MDG) recently received recognition as the number one patient-centered medical home military treatment facility (PCMH MTF) out of eight within Pacific Air Forces for the fourth quarter of fiscal year 2012. This was the third quarter in 2012 that the 15th MDG was ranked as the number one PCMH MTF within PACAF. The clinic was ranked as number 12 of 74 PCMH MTFs within the entire Air Force Medical Service (AFMS).

Col. Vickie Hughes, 15th Medical Group commander, attributed this achievement to the dedication and professionalism of the men and women of the 15th MDG.

“On behalf of all of our 15th Medical Group medics,



U.S. Air Force photo

Capt. (PAC) Chris Scharfenstine, 15th Medical Operations Squadron, performs a knee exam on a patient.

it is a privilege and honor to serve America’s heroes and their families,” she said. “The 15th Medical Group will continue to strive to improve the quality and access to medical care because our Airmen deserve our very best.”

The PCMH started in the Air Force medical system in 2008 and is a team-centric health care delivery system based on the premise that the best health care begins with a strong primary care foundation. In the PCMH

model, patients not only have a personal provider but a team of medical technicians and a nurse who provide continuous, accessible, family-centered, comprehensive and compassionate health care to achieve the best possible outcome for the patient.

According to Hughes, the success of PCMH at the 15th MDG is attributed to the family health clinic as well as the ancillary and support services that are essential to any healthcare operation.

Departments such as the laboratory, pharmacy, radiology, medical logistics, central appointments, TRICARE operations, resource management, information systems and medical readiness all provide critical support that are integral to the sustainment of the PCMH model.

The 15th Medical Group currently offers four PCMH teams, all led by board certified physicians. Team A, led

by Capt. (Dr.) Nathan Miller of the 15th Medical Operations Squadron, was recently recognized as the number one team in PACAF as well as number five Air Force-wide.

“Primary care is really a team effort, and I’m fortunate to work with a group of people dedicated to patient care both on our team as well as our disease management department,” Miller said. “We don’t focus on metrics, but it’s nice to see our numbers reflect everyone’s effort to put the patient first.”

However, Team A was not the only team to receive special recognition. All four family health PCMH teams at the 15th MDG were ranked in the top 20 percent of the Air Force, an accomplishment directly attributed to the hard work of the civilians, contractors and active duty members within the family health flight.

“We are extremely fortunate to have an absolutely outstanding group of professionals in the family health clinic,” said Lt. Col. Patrick Stillely, family health flight commander. “Our providers, supported by nurse and technician staff alike, are leading motivated teams to provide the best possible patient care to our military members and their families.”

“Partnering with our medical management team and group practice manager, we continue to transform and optimize our processes to ensure we are leaning forward to maximize the services provided. The efforts are indeed bearing fruit in the form of four consecutive quarters of improvement on our Air Force Patient-Centered Medical Home report card and a patient satisfaction rating of 96 percent,” Stillely said.

For a list of the awardees, visit <http://ow.ly/koHP7>.

Sailors give ESPN ‘shout out’ to shipmates, families

Story and photo by
MC2 Nardel Gervacio

Navy Region Hawaii Public Affairs

HONOLULU – Sailors from various Navy commands in Hawaii gave rousing “shout outs” to friends and family members during a message recording April 22 at Cox Media Studio of ESPN 1420 am in Honolulu.

The Sailors represented air, submarine and surface specialties and also showcased regional diversity, with hometowns from the east coast to the west coast and the nation’s heartland.

Lt. j.g. Salisha Labonte of Naval Surface Group Middle Pacific; Electronics Technician 1st Class Matthew Eliason, assigned to Commander, Submarine Force, U.S. Pacific Fleet; Engineman 1st Class Albert Jones of USS Halsey (DDG 97); and Yeoman 1st Class Loribelle Valdez, stationed with Patrol Squadron Four (VP4) at Marine Corps Base Hawaii, Kaneohe participated in the taping.

The recording was coordinated at



Lt. j.g. Salisha Labonte, assigned to Naval Surface Group Middle Pacific, sends a message to shipmates during a recording at the Cox Media studio of ESPN 1420 am.

the invitation of ESPN 1420 am for Military Appreciation Month, which is held annually in the month of May.

During his recording, Eliason

See SHOUT OUT, A-7

Toby Keith to perform May 3 at Ward Field

The venue for country music singer-songwriter Toby Keith’s May 3 free concert at Joint Base Pearl Harbor-Hickam has changed to Ward Field, instead of the previously announced location of Club Pearl Paradise Lounge.

The USO will sponsor Keith’s Hammer Down Tour. Gates will open at 5:30 p.m. and the concert will begin at 7:30 p.m.

The following items are prohibited: backpacks, totes, large purses or bags of any kind, other than small clutch purses, food, beverage, tents, umbrellas, pets, audio and video recording devices.

Authorized items include: folding chairs, blankets, strollers (containing only items that are necessities for childcare such as diaper bags and formula in a plastic container.)

For those looking for additional opportunities to hear the singer, Toby Keith will also perform at 7 p.m. May 4 at Schofield Barracks Weyand Field, and 5 p.m. May 5 at Marine Corps Base Hawaii, Kaneohe Bay Dewey Square.

For more information, visit greatlifehawaii.com or facebook.com/greatlifehawaii.



Toby Keith

Photo courtesy of USO



Naval Submarine Support Command holds change of command ceremony See page A-2



Navy honors Pearl Harbor survivor during USS Utah Memorial ceremony See pages A-2



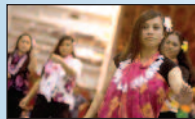
Sexual assault awareness See page A-3,4,6



U.S. Navy begins fourth annual naval engagement activity with Vietnam See page A-4



Bases take ‘hands on’ approach to Earth Day See page B-1



Events at JBPHH to celebrate Asian American and Pacific Islander Heritage Month See page B-7

Naval Submarine Support Command holds change of command ceremony

Story and photo by
MC2 Steven Khor

Commander Submarine Force
U.S. Pacific Fleet Public Affairs
Office

Cmdr. Larry Ollice relieved Cmdr. Brett Fillmore as commanding officer of Naval Submarine Support Command (NSSC) during a change of command ceremony held April 11 at the submarine piers at Joint Base Pearl Harbor-Hickam.

The ceremony's guest speaker was Rear Adm. James F. Caldwell Jr., commander of Submarine Force, U.S. Pacific Fleet. He praised Fillmore for his exceptional performance while in command of NSSC and welcomed Fillmore to his next duty station as part of Caldwell's headquarters staff.

"Brett, thank you for your



Cmdr. Brett Fillmore is piped ashore after being relieved by Cmdr. Larry Ollice as commanding officer of Naval Submarine Support Command at a change of command ceremony at the submarine piers at Joint Base Pearl Harbor-Hickam.

commitment to the submarine force. I am expecting the same leadership you've demonstrated to continue on my staff," said Caldwell.

Fillmore said he is proud of having the opportunity to be in command at NSSC and working with a fantastic team of Sailors.

"The work of one impacted the work of the whole, and so we learned to put the command above self, not unlike how Sailors perform aboard ship. On the strength of one link in the cable, dependeth the might of the chain. In so doing, we lived a philosophy, and we succeeded in supporting submarines by being a submarine command. We engaged, we invited, we bridged, we learned," said Fillmore.

During the ceremony, Fillmore received the Meritorious Service Medal for his performance as the commanding officer of NSSC

from December 2010 to April 2013.

As Ollice assumed command of NSSC, he thanked Fillmore for turning over a great command and an even greater crew.

"NCCS is in awesome shape. I've been here for three years. But not until you are really in NSSC do you understand the dedication and the hard work that these Sailors do to support our submarines. I look forward to leveraging what Brett already started and make things even better for the fleet," said Ollice.

The mission of NSSC is to provide quality operational support for Pearl Harbor homeported submarines, their crews, families and the staffs of Submarine Squadron One and Submarine Squadron Seven in the areas of operations, material, weapons, communications, supply, medical, legal and religious programs.

Navy honors Pearl Harbor survivor during USS Utah Memorial ceremony

Story and photos by
Brandon Bosworth

Staff Writer

The ashes of William "Bill" Harris, a survivor of the Dec. 7, 1941 attack on Pearl Harbor, were scattered in the waters near the USS Utah Memorial on Ford Island during a ceremony held April 23. Among those in attendance were Harris' sons, John and William Jr.

William Harris was born in Colorado in 1921. His family relocated to California, where Harris graduated from Hollywood High School. In October 1940, he joined the Navy.

"He had wanted to go to the Naval Academy and be an officer but couldn't get an appointment so he enlisted," said Jim Taylor, Pearl Harbor survivor liaison, who spoke at the ceremony.

"After he completed recruit training, he was assigned to the battleship

Nevada which was homeported in Long Beach but had transited west to Pearl Harbor to participate in at-sea training evolutions," Taylor explained.

By December 1941, Harris was a seaman second class assigned to the second division in the handling room of the number two turret. During the attack, he assisted in the ship's line-handling detail in casting off from the quays alongside Ford Island so Nevada could get underway.

Chief Boatswain's Edwin J. Hill led the detail. Hill lost his life on that day and was posthumously awarded the Medal of Honor. According to William Harris' son John, his father clearly remembered the moment Hill was killed.

"Dad talked about how Hill was blown overboard by one bomb, and another bomb blew his remains back on the ship," he said.

Within a few days after



the attack, Harris headed to the South Pacific as part of U.S. Navy efforts to protect Australia and New Zealand. In May 1942, he participated in the Battle of Coral Sea.

Eventually Harris was able to pursue his dream of becoming an officer. He enrolled in the V-12 Navy

College Training Program and received a degree in engineering from the University of Texas.

"After reading a lengthy interview with him, it was obvious to me he was a very proud Sailor, proud of his ship, and loved the Navy," said Taylor. "His main goal was to become an officer, a

goal that came true."

By the time the war was over, Harris once again found himself at Pearl Harbor, this time serving as a staff communications officer for Adm. Arthur Radford, who referred to him as "my ensign."

William Harris left the Navy in 1951 as a lieu-

tenant. He died Dec. 24, 1981. His body was donated to science per his wishes. Eventually his remains were cremated and, through the efforts of his sons, were spread over the waters of Pearl Harbor during Tuesday's ceremony.

"He has made his final voyage back to Pearl Harbor so he could be reunited with his shipmates lost that fateful day over 70 years ago," said Taylor.

Chaplain Lt. Rick Tiff, Pearl Harbor Memorial Chapel, presided over the services.

"Bill Harris proved to be of high character on Dec. 7," Tiff said. "He made sacrifices for his country."

William Harris's sons were pleased with the ceremony.

"It was very emotional," said William Harris Jr. "It was as if Dad had just passed away."

"The Navy did an excellent job," said John Harris.

SAAM

Sexual Assault Awareness Month

Fleet Master Chief Minyard speaks to fleet about Sexual Assault Awareness Month

Story and photo by
MC1 Cynthia Clark

Defense Media Activity -
Hawaii News Bureau

Fleet Master Chief (SW/AW) John Minyard sat down with American Forces Network on April 18 to send a message to the Pacific Fleet on sexual assault.

In observance of Sexual Assault Awareness month, U.S. Navy leadership sent messages to Sailors on how to prevent it. Minyard wanted his own message to reach Sailors in the Pacific Fleet.

"You all have to have the courage to step in when you see something potentially going wrong. This is not easy to do because we're all poten-



Fleet Master Chief (SW/AW) John Minyard addresses Pacific Fleet Sailors on how they can help their shipmates in honor of Sexual Assault Awareness Month.

tial victims," said Minyard. "When we use alcohol irresponsibly or find ourselves in a situation we're uncomfortable with, we all become potential victims. I need each and every one of you to recognize this and have the moral courage to step in and potentially stop our shipmates from getting into a situation."

According to Minyard, recognizing destructive behavior is only the first step. Sailors need to embrace their core values and step in.

"Do you have that courage? Will you do the right thing? It is up to all of us to do this. We have to do everything we can to stop this situation," he continued. "If you find someone—a

friend, a shipmate—that just doesn't seem comfortable in a situation, I ask that you step in. What's the harm in acting? Shipmates, we can stop this crime. We can prevent these heinous crimes from ruining someone's life through mental anguish," Minyard said.

He also stressed no one is immune to this crime and while stepping in may not be the popular thing, it is the right thing.

"I need you to trust your gut. I need you to trust your instincts when you're out on liberty and you're hanging out with your shipmates and your friends," said Minyard. "I want you to step in and have the moral courage to act. This may be the tough-

est thing you'll ever do, because this may be your best friend that is potentially going to be a perpetrator of this crime. By doing this, we will eventually change our climate and our culture and not allow these types of crimes to exist in our Navy."

While sexual assault hurts everyone, Minyard said he is confident Sailors and shipmates have the power to help each other and do something about it.

"This is one area that I know you can stop. I know you can do better, and I'm asking your help as we continue in 2013 to prevent these crimes from happening. Thank you for your service. Thank you to your families for their service."

Commentary

Courage can help stop sexual assaults

CMDCM (SW/AW)
Marc Sibal

Command Master Chief,
Navy Region Hawaii

(Command Master Chief Marc Sibal, former U.S. 7th Fleet master chief and current region master chief for Navy Region Hawaii, asks Sailors if they have the courage to prevent, confront and intervene in cases of sexual assault. Sibal's call to action, published this month in All Hands, comes with some dos and don'ts to help Sailors ashore, on the waterfront or underway.)

Do you have the courage to intervene if you see a shipmate being threatened, abused or assaulted? We need people of courage who are willing to prevent and confront sexual assault, who have the courage to support victims, and who are committed to putting an end to this serious crime.

The serious issue of sexual assaults continues to focus our attention, not only for the Navy but also for the military as a whole. We need your assistance.

From recruit training to deckplate chiefs' leader-



U.S. Navy photo by MCC David Rush

Navy Region Hawaii Command Master Chief Marc Sibal, along with chiefs from various commands at Joint Base Pearl Harbor-Hickam, performs morning colors adjacent to Navy Region Hawaii headquarters.

ship to senior DoD leaders' guidance, there is a strong continuum of commitment and zero tolerance for sexual assaults in our ranks now and into the future. We have made great strides in raising awareness, but there is much more to be done.

When parents and grandparents entrust their young adult family members to us, it becomes our responsibility to do everything we can to keep them

safe—with an opportunity to grow and contribute. We must arm our shipmates with the tools and skills they need to succeed—and stay safe. Here are some key dos and don'ts to keep in mind.

Do:
• Learn about sexual assault—its causes and the best way to prevent it.

• Promote an environment where everyone is given dignity and respect, where diversity

is celebrated.

• Take a stand against sexist behavior, sexual harassment and sexual assault.

• Do the right thing. Prevention is best, but intervention is critical. Then have the honor, courage and commitment to follow through.

Don't:

• Don't put yourself or others in compromising situations. Alcohol is a recurring factor in most sexual assaults, and many happen late at night.

• Don't lose control of yourself, and don't try to control others. If you are in a leadership position, take your responsibilities (not your power) seriously.

• Don't take the issue lightly. Sexual assault is a serious crime. It hurts readiness. It hurts our people. And it has no place in our ranks.

• Don't assume you won't be prosecuted if you're found guilty.

During this awareness campaign and throughout the year, let's step up, take a stand and stop sexual assault. It must stop. You can do your part. Have the courage to stop it now, and LEAD.

Diverse Views



"What message of support or encouragement would you like to send to the people of the Boston area, in the wake of the April 15 bombings at the Boston Marathon?"

Staff Sgt. Timothy Bucholz
Det. 1, 315th Network Warfare Squadron



"We cannot bring the lost ones of the grieving families back. What we can do is take care of the families directly affected financially, and send our condolences."



MM2 Nick Vandal (of Boston)
Pearl Harbor Naval Shipyard

"I personally would say, stay strong and persevere. We are a strong city. There are a lot of good people that will make it through this, and it's a tough time, but we're strong and will make it through"

Master Sgt. Ricardo Russo
HQ PACAF



"On April 15, it didn't matter what city or state we were from, we became citizens of Boston, Mass. We share your pain, but know Boston will be resilient and anxiously look forward to the best Boston Marathon in history next year — Boston Strong!"



CS1 Alfredo Medina
Joint Base Pearl Harbor-Hickam

"Be strong. America will live forever as one."

Staff Sgt. Karimah Rivers
65th Airlift Squadron



"Do not let these acts of terrorism paralyze your life. Stay steadfast in your beliefs, and you will be brought through it."



GSM2 Joe Larson (of Boston)
Pearl Harbor Naval Shipyard

"Stay Boston Strong."

2nd Lt. Sarah Hansen
613th Air and Space Operations Center



"After Sept. 11, it was inspiring to see how the people of NYC, Washington, D.C., and the rest of America rallied around those affected. Similarly, with what happened in Boston, it is inspiring to see your strength, support and strong sense of community. You are in our prayers."

(Provided by David Underwood Jr.
and MC2 Nardel Gervacio)

Want to see your command featured in Diverse Views?
Got opinions to share?

Drop us a line at editor@hookelenews.com or karen.spangler@navy.mil

STORY IDEAS?

Contact the Ho'okele editor for guidelines and story/photo submission requirements

Phone: (808) 473-2890/2895

Email: editor@hookelenews.com



Korean American family makes 'waves' in military



In 1942, like many Korean Americans, the three Ahn siblings, Ralph, Philip and Susan, enlisted in the U.S. military. The Ahn sister, Lt. j.g. Susan Ahn Cuddy, was the first Korean American woman in the U.S. military and the first female Navy gunnery officer. For her service in the Women Accepted For Volunteer Emergency Service (WAVES), she reached the rank of lieutenant. Asian American and Pacific Islander Heritage Month will be celebrated throughout the month of May.

U.S. Naval History and Heritage Command photograph

HO'OKELE

PEARL HARBOR - HICKAM NEWS

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U.S. Navy begins fourth annual naval engagement activity with Vietnam

Task Force 73 Public Affairs

DA NANG, Vietnam (NNS) – The U.S. Navy began the fourth annual naval engagement activity with the Vietnam People's navy on April 21 with the arrival of USS Chung-Hoon (DDG 93) and USNS Salvor (T-ARS-52) in Da Nang.

Both navies will focus on non-combatant events covering search and rescue, medical exchanges, diving medicine, navigation and shipboard firefighting. Public ship tours, community service projects, and sporting events will also take place.

“This port visit and the activities planned this week are an opportunity to enhance cooperation between our navies based on mutual trust, understanding and shared interests,” said Rear Adm. Tom Carney, commander, Task Force 73. “Each year, we add more complexity to these engagements, a trend I expect will continue.”



U.S. Navy photo by MCI Jay C. Pugh

Sailors aboard the guided-missile destroyer USS Chung Hoon (DDG 93) shift colors after arriving in Da Nang, Vietnam, for a naval engagement activity. The engagement provides opportunities for U.S. and Vietnamese naval professionals to share best practices and exchange maritime skills in humanitarian assistance and disaster relief, medical training, fire fighting and damage control, search and rescue, diving and salvage, sports and community service projects.

New events this year include a maritime security symposium and a case study discussion on logistics support to humanitarian assistance and disaster relief. Medical professionals will also share best practices on a range of topics.

U.S. participants in this year's activities include the guided missile destroyer Chung-Hoon, the rescue and salvage ship Salvor, Sailors from Task Force 73, Marines and medical professionals from 3rd Marine Expeditionary Force (III MEF) and a mobile diving and salvage detachment.

The U.S. Navy has made several successful port visits to Da Nang in recent years, while military sealift command ships completed voyage repairs in Vietnamese shipyards, such as Cam Ranh Bay Shipyard. Along with annual staff talks between senior leadership, these engagements speak to enhanced levels of cooperation between the U.S. and Vietnamese navies.

Commentary

Sexual Assault Awareness Month represents more than awareness

Col. Johnny Roscoe

Commander, 15th Wing

Fellow Airmen, I'd like to take a moment to discuss a serious issue which severely wounds and scars our service and its victims, and that is sexual assault. April is Sexual Assault Awareness Month, but it is not enough to just say we are aware that sexual assault is a problem.

Each of us must make an active and personal commitment to treat each other with dignity and respect. We must do everything in our power to prevent this crime from continuing, including intervening to prevent the victimization of our fellow wingmen.

We own this problem and we will solve it together. This month should be about taking action rather than possessing awareness.

Passively acknowledging a month's worth of awareness activities does not do justice to the thousands of victims of sexual assault. From top to bottom, each one of us must actively ensure we do not allow the very fabric of trust that military service is built upon to be eroded from within. Sexual assault violates our Air Force core values, destroys unit cohesion, and completely undermines the environment that is essential to our mission success.

If you are a victim of sexual

assault, you can take action, too. I know reaching out for help is never easy and takes an immense amount of personal courage, but I ask you to be brave and seek support through our world-class resources available to you. Compassionate professionals are ready and available to help you, regardless of where you are or what time it is.

It is important that you know and understand, when it comes to sexual assault reporting, I will do everything I can to ensure when you turn to your chain of command, you can have the utmost faith and confidence it will not let you down.

Preventing sexual assault starts with developing a working

environment where individuals feel free to stand up and to confront unacceptable behaviors at the first occurrence. In December, the Chief of Staff of the Air Force ordered health and welfare inspections throughout the Air Force.

More than 32,000 unprofessional, pornographic or offensive items were found in Air Force working environments through the course of the inspections. Of these, 29 came from units within the 15th Wing. It's worth noting that these findings do not include things such as inappropriate jokes or verbal comments, which aren't detected by an inspection.

At the core, it is your duty and our shared responsibility to

actively intervene in order to prevent sexual assault. Each of you has the power to make a difference and prevent potential sexual assaults from occurring. My goal is that in the future we do not have to speak of bystanders, because if you were a bystander you failed to watch out for your wingman. This should be our shared goal, but I need your help to make it happen.

If our efforts can save just one person from the devastating pain and humiliation of a sexual assault, then all of our efforts at prevention will not have been in vain. We can never ease up one bit in our fight against sexual assault, and that fight can't only last for one month.

Pearl Harbor-Hickam Highlights

(Left) Cmdr. Justin Orlich, commanding officer of the guided-missile destroyer USS Chung-Hoon (DDG 93), gives a tour of the ship to nuns from the Con Ga Church in Da Nang, Vietnam.

U.S. Navy photo by MC1 Jay C. Pugh



(Below) Air Traffic Controlman 2nd Class Stephen Travis Jr., assigned to the aircraft carrier USS John C. Stennis (CVN 74), meets his baby for the first time upon the carrier's arrival at Joint Base Pearl Harbor-Hickam.

U.S. Navy photo by MC3 Diana Quinlan



U.S. Navy photo by MC3 Diana Quinlan

The aircraft carrier USS John C. Stennis (CVN 74) passes by the Missing Man Memorial as it departs April 24 Joint Base Pearl Harbor-Hickam after a scheduled port visit in Hawaii. The John C. Stennis Carrier Strike Group is returning from an eight-month deployment conducting operations in the U.S. 5th and U.S. 7th Fleet areas of responsibility.



U.S. Navy photo

Lt. T. J. Pausche, Patrol Squadron NINE (VP-9) tactical coordinator, gives a tour of the P-3C Orion to officers from the USS Port Royal on March 25. The officers visited VP-9, as well as Helicopter Squadron Light-37, to facilitate a positive working relationship between commands and understand the capabilities of the anti-submarine warfare platform.



U.S. Navy photo by MC3 Diana Quinlan

(Above) Military police working dog (MWD) Bary waits for orders from his handler during training exercises at Joint Base Pearl Harbor-Hickam. MWDs are used to apprehend suspects and to detect explosives and narcotics while searching buildings, ships and submarines.

U.S. Navy photo by MC3 Diana Quinlan

(Left) Military police working dog (MWD) Jimmy attacks Master-at-Arms 2nd Class William Bryan during controlled aggression training exercises at Joint Base Pearl Harbor-Hickam.

Chiefs at JBPHH raise awareness on destructive decisions

Story and photo by
MC2 Nardel Gervacio

Navy Region Hawaii Public
Affairs

Chiefs on the Waterfront at Joint Base Pearl Harbor-Hickam gathered April 19 at the Navy Exchange Fleet Store and the Pearl Harbor Navy Exchange to hand out materials to Sailors to raise awareness about alcohol, the Sexual Assault Prevention and Response (SAPR) Program, and “That Guy” campaign.

The event provided the chiefs with an opportunity to make a difference in a Sailors’ life as well as show strength and commitment as a CPO Mess.

“I think it’s great seeing the leadership out here handing out information. It shows that they care,” said Machinist’s Mate 2nd Class (SW/AW) Mack Grigsby, assigned to Pearl Harbor Naval Shipyard.

“Our hope is that they realize that we’re interested in their well being, not only their professional enrichment but their personal enrichment, because we all know that the personal will always affect the professional.”

- Senior Chief AG Enrique Acosta-Gonzalez

“That Guy” is a multi-media campaign that uses online and offline communication with the goal of reducing excessive drinking among young Sailors.

The campaign encourages young enlisted Sailors to reject binge drinking because it detracts from the things Sailors care about.



Chief Boatswain’s Mate Travis Hall, assigned to Port Ops/Dockmaster at Joint Base Pearl Harbor-Hickam, hands out information to raise awareness about the Sexual Assault Prevention and Response (SAPR) program and the dangers of alcohol to Machinist’s Mate 2nd Class Mack Grigsby, assigned to Pearl Harbor Naval Shipyard.

“What the chiefs are doing is great. I got a lot of feedback from the junior Sailors about what they’re doing. Their visi-

bility is key in helping our Sailors avoid destructive decisions,” said Master-at-Arms 3rd Class Abrel Smith, assigned to

base security and a member of the Coalition of Sailors Against Destructive Decision (CSADD).

The goal of the Sexual Assault Prevention and Response (SAPR) program is to assist victims of sexual assault and reduce the incidence of sexual assaults committed by or against military service members, their families and civilians.

“Our hope is that they realize that we’re interested in their well being, not only their professional enrichment but their personal enrichment, because we all know that the personal will always affect the professional,” said Senior Chief Aerographer’s Mate Enrique Acosta-Gonzalez, assigned to Joint Typhoon Warning Center, Pearl Harbor.

“We’re always in the presence, out and about, allowing Sailors to realize we do care about them, not just at the work site but on a daily basis 24/7,” he said.

Medical appointment reminders available via TRICARE Online

Capt. Scott D. Cook

15th Medical Group

TRICARE Online, which allows 15th Medical Group beneficiaries the ability to schedule, cancel and view appointments from any computer via the Internet, now offers beneficiaries the ability to receive appointment reminders via email or text.

Some users may have encountered difficulty using TOL in the past; however, through recent upgrades, access to TOL has been simplified from six login steps to two,

and the unique 15-digit password has been eliminated.

Eligible beneficiaries can now log in using a password, their common access card, DFAS myPay login or premium DOD self-service login account. Once logged in, users have the option to define up to three email addresses and mobile phone numbers to receive appointment reminders for primary care and self-referral specialty care appointments.

Appointment reminders work for any appointment, regardless of booking mechanism. TOL users can receive reminders for appointments

booked via TOL, those booked in person at the 15th Medical Group, and even appointments booked through the central appointments line at (808) 448-6000.

Users receive a confirmation email and/or text message when booking the appointment, a reminder up to 48 hours prior to the scheduled appointment time, and again, two hours prior to the scheduled appointment time.

E-mail and text message reminders are also a convenient way to communicate medical appointments to other family members and/or caretakers. If

you register for text message reminders, normal text message rates may apply. Contact your servicing cellular provider if you have questions.

To sign up for appointment reminders, if you are not a registered TOL user, you will need to sign up for an account first. New or existing users will be prompted automatically to set up appointment reminders after you book an appointment on TOL. You can also review, change or activate reminder settings by following the instructions below:

- Go to the TOL home page located at

www.tricareonline.com.

- Log in to TOL using their CAC, Premium DS Logon or DFAS myPay account

- Click “My Profile” in top navigation bar.

- Navigate to the bottom of the page under “appointment reminders.”

- Complete requested fields and click “submit” button.

If you experience technical difficulties when trying to register for a TOL account or set up your appointment reminders, lick the “contact us” link on TRICARE online or call the Military Health System Service Desk at 1-800-600-9332.

Shipyard ensures careers are on right path

David Tomiyama

Code 1160 Public Affairs,
Pearl Harbor Naval
Shipyard

Striving to ensure its workforce understands career options and opportunities, the Pearl Harbor Naval Shipyard recently began a new program that emphasizes career development for the workforce.

The Career Pathways Talent Management Program highlights succession planning, mentoring and equality of opportunity options to guide the development of the shipyard workforce while staying consistent with established Department of the Navy-wide goals. The initial pilot group for the program is the 125 fourth year apprentices.

“This program gives each shipyarder a better understanding of their skill set and where they can apply it within the shipyard,” said Melissa Lamerson, code 100 process improvement lead organization learning facilitator.

Anybody within the shipyard can take advantage of the program by picking up the “Career Pathways Guide” and workbook to learn about the shipyard structure and career families. The



books were developed as a resource for shipyarders to jump start their career planning, expand their organizational knowledge, and embrace shipyard principles and standards, Lamerson said.

The shipyarder takes a critical self-assessment of their preferences, experiences, values, needs, skills and other personal traits. Through these assessments and working with a code 900 counselor, shipyarders are provided with a framework in which they can strategize their career to meet short and long-term goals or expand their horizons by using their talents to benefit other codes.

“These self assessments match skill sets and knowledge to where they can best be utilized within the shipyard,” said Lamerson. “While it’s best if a counselor sits down with whoever wants to be a part of the program, anybody can pick

up or download the books and perform their own self-assessment and match codes that support their interests and talents.”

In addition to facilitating the professional development of the shipyard workforce, the program fosters the employee-supervisor career planning/ improvement discussions or succession planning. This discussion fosters mentoring by supervisors to their workforce and ensures young leaders are prepared and qualified for future critical positions.

While the program is still in its infancy, word is spreading throughout the shipyard. The program is explained at the Personal Mastery Workshop for shipyard supervisors and managers, informing leaders how to best implement it. Word-of-mouth has driven shipyarders to code 900 to ask questions about it.

“The self-assessment workbook confirmed my interests and skills that I believed I had,” said David Wee, shop 64 fabric worker apprentice. “The talent management program has been able to further identify specific positions in the shipyard that align with my interests and goals.”

Shout out celebrates military appreciation month

Continued from A-1

thanked his friends and family in Texas for “supporting me through multiple deployments in western Pacific.” Eliason also mentioned the families of those injured in the April 17 fire and explosion in Texas. “I know we’re all praying for them,” Eliason said.

He ended his message saying, “Thank you, America, for supporting the men and women in uniform and our families.”

Jones of Toledo, Ohio recently completed a hull swap from USS Russell (DDG 59) to USS Halsey (DDG 97), which he noted is the “newest ship on the Pearl Harbor waterfront.” He thanked his friends and

family and gave a special “shout out” to the Ohio State Buckeyes.

Labonte of Virginia Beach, Va. said hello to her family as well as to the Sailors and Soldiers who are currently serving in southeast Afghanistan. (Labonte recently returned from a tour as an individual augmentee from Afghanistan). She ended her message saying, “It feels great to be back to the finest homeport in the Navy.”

Last of the group was Valdez of San Jose, Calif., who also returned recently from a tour as an individual augmentee. Valdez said hello to her mom and sister, thanking them for their “support and love during my deployment in

Afghanistan.” Valdez mentioned being stationed at Marine Corps Base Hawaii with the VP-4 Skinny Dragons and said she is a huge 49ers fan. Valdez ended her message with a big “hooyah.”

Congress designated May as National Military Appreciation Month in 1999 to ensure the nation was given the opportunity to publicly demonstrate their appreciation for the sacrifices and successes made by service members—past and present.

Each year the president makes a proclamation, reminding Americans of the important role the U.S. Armed Forces have played in the history and development of our country.

VP-9 celebrates 62nd birthday

Lt. j. g. Becky Shaw

Patrol Squadron Nine
Public Affairs

MARINE CORPS BASE HAWAII, Kaneohe Bay – Patrol Squadron Nine (VP-9) recently celebrated its 62nd birthday. Cmdr Craig T. Mattingly, VP-9 commanding officer, led the cake cutting ceremony along with the squadron's youngest member, Aviation Maintenance Administrator Airman Apprentice Alexandria Galosi, in accordance with U.S. Navy tradition.

During the celebration, Mattingly praised the squadron, including accolades for a successful U.S. 6th Fleet deployment and accomplishments for the current inter-deployment readiness cycle.

“Execu-ting over 5,600 hours on our most recent deployment was no ordinary task,” Mattingly said.

“When asked how we made it happen, it boiled down to one thing—the Sailors, they made it happen.”

VP-9 was commissioned at Naval Air Station Whidbey Island, Wash. on March 15, 1951 under the command of Cmdr. M. B. Bailey. The maiden flight of the newly formed squadron was flown in a P-4Y2 Privateer. Shortly after commissioning, the Golden Eagles embarked upon their first deployment to Naval Station Kodiak, Alaska.

In the 1950s and 1960s, VP-9 participated in numerous deployed operations throughout Asia and the northern Pacific, including joint night operations with Marine Corps fighter aircraft. Utilizing flares, VP-9 aircraft illuminated significant North Korean tar-



U.S. Navy photo

Cmdr. Craig T. Mattingly, VP-9 commanding officer, and Aviation Maintenance Administrator Airman Apprentice Alexandria T. Galosi, the youngest member of the squadron, cut the squadron birthday cake.

gets to assist the attacking aircraft.

With the advent of the computerized P-3C Update I, VP-9 began a new era. In early 1977, the “Golden Eagles” completed a successful deployment to Kadena Air Base Japan. For its demonstrated anti-submarine warfare excellence, the squadron was awarded the distinguished Capt. Arnold J. Isbell Trophy.

In the 1980s and 1990s, Patrol Squadron Nine became the first squadron to deploy to the western Pacific with the APS-137 inverse synthetic aperture radar. After their successful initial deployment to U.S. 5th and U.S. 7th Fleets with the newly received upgraded AIP P-

3C aircraft, VP-9 again made history with the launch of a standoff land attack missile.

The first launch, using in-flight target reprogramming, occurred during Fleet Battle Experiment ECHO at Naval Air Station Point Mugu, Calif. In 2012, VP-9 deployed to the U.S. 6th Fleet area of responsibility for the first time in squadron history.

Patrol Squadron Nine currently operates the P-3C Orion at Marine Corps Base Hawaii, Kaneohe Bay. Surpassing 196,804 mishap-free flight hours, representing 34 years of dynamic deployments and aggressively tackling inter-deployment readiness cycles.



U.S. Navy photo

Naval Air Crewman Operator 3rd Class Kristofer M. Lackey, Patrol Squadron Nine sensor operator, explains the sensor station to local area Navy Junior Reserve Officer Training Corps students who recently visited the squadron.

VP-9 welcomes NJROTC students

Lt. j. g. Becky Shaw

Patrol Squadron Nine
Public Affairs

MARINE CORPS BASE HAWAII, Kaneohe Bay -- The “Golden Eagles” from Patrol Squadron Nine recently took a hands-on approach to influencing future leaders of America. More than 100 Navy Junior Reserve Officer Training Corps (NJROTC) students from Radford, Kalaheo and Campbell High Schools recently took a tour of Patrol Squadron Nine’s (VP-9) hangar and were provided with the opportunity to be a naval officer for the day.

Guided by VP-9 pilot Lt. j.g. Christopher Malherek, a 2009

Reserve Officer Training Corps graduate from the University of Notre Dame, the cadets were shown several sites around Marine Corps Base Hawaii (MCBH).

“It was inspiring for me to see how motivated these young people are about military service,” said Malherek, who shared his experience with those following in his footsteps. “They serve as a reminder that people really appreciate what we do every day.”

After receiving an interactive tour of both a P-3C Orion aircraft and SH-60B Seahawk helicopter, the students donned survival gear used by the aircrew and practiced take-offs and landings utilizing the simulators. The final

presentation was of ordnance and weapons carried by the Orion.

“VP-9 takes great pride in being a part of the local community,” said Cmdr. Craig Mattingly, VP-9 commanding officer.

“It was a great opportunity to work with the local high schools and promote the esprit-de-corps of the Navy. Kids are influenced by others on a daily basis. Hopefully that influence came from VP-9 today,” he said.

VP-9 is a P-3C Orion squadron that operates out of MCBH. It consists of 350 service members with diverse specializations such as administrative support, maintenance professionals and aircrew.